

Weekly Post 05.07. - 11.07.2025

Time

Information

Location/Meeting Point

Saturday, 05.07.2025

Yoga & Brunch at the alpine area	08:15 - 11:15 o'clock	Yoga session followed by brunch. 5-10 pers. Registration: until the day before 5 p.m.: Rettenegghütte: +43 664 9752500. Costs: € 35.-/person (cash payment only). Only in dry weather.	Postalm / Rettenegg hut Weissenbach 53
Inclusion - hike	09:30 o'clock	Warm invitation to the inclusion mountain hike by the Alpine Club and the Lebenshilfe Abtenau to the Gsengalm-hut. Musical entertainment. Info and reg: Tel. No. +43 676 3374 056 Martina	Abtenau / Barrier at Eggenreit
Chopper Valley Run	12:00 o'clock	The motorbike club "Road Oilers" is organising a chilled afternoon after the Valley Run with: Live music, campfire, BBQ, Tiki Bar, taxi shuttle. Have fun and be hungry!	Abtenau Waldhof 64

Sunday, 06.07.2025

Live-music with "Dachstein Sound"	20:00 - 22:00 o'clock	Live music with the band "Dachstein Sound". Free entrance - The event doesn't take place in case of rain.	Market square Abtenau Markt 165
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Monday, 07.07.2025

Morning-Yin-Yoga, Only in German!	08:00 - 09:00 o'clock	Start the day relaxed with long-lasting positions. Costs: € 13.00/person with the Tennengau+ Card (otherwise € 18.00). Persons: 5-10. Registration: until Sun 18:00 o'clock, phone: +43 664 100 68 82, Katharina Lechner.	s'Platzl Markt 87
Info Walking Tour - Only in German!	09:30 - 10:30 o'clock	Guided walk through Abtenau - discover your holiday resort. Free of charge. Without registration.	Market square Abtenau
E-bike tour: enjoy nature with panoramic views	10:00 o'clock	Approx. 2-3 hours Costs: Tour: € 25,-/pers. with the Tennengau+ Card (otherwise € 90,-). E-bike rent: -35% with the TG+ Card. Registration by Mon 09:00, phone +43 6243 4040, tourist office or Sat/Sun directly with Christian +43 660 2235 872. Bike helmet compulsory, previous knowledge required!	R2Radsport Abtenau Markt 192/2

Tuesday, 08.07.2025

Sunrise husky tour for early risers	04:00 - 09:00 o'clock	A medium-difficulty hike with a husky companion. Good footwear required! Approx. 4-5 hours. ONLY for advanced hikers. Max. 5 people. Cost: € 30,-/pers with the Tennengau+ Card (otherwise € 55,-). Registration: until Mon 17:00 at the tourist office.	parking lot Tabor Markt 165
Hike "Aubach Falls", Bus 470, Abtenau "Ortsmitte" 09:27 o'clock	09:38 - 12:38 o'clock	Medium-difficulty hike incl. 'herb collecting'. € 15,-/adult, € 5,-/child with the Tennengau+ Card (otherwise € 40,-/€ 30,-). Registration until Mon 17:00 at the tourist office. Good footwear and surefootedness essential!	Busstop Wallingwinkel - Only in German!
Bus to the Postalm, Departure Abtenau "Ortsmitte" 10:15 o'clock	10:15 o'clock	The Postbus takes you along the panoramic road to Austria's largest Alpine pasture area. The ride is free with the Guest Mobility Ticket. Return journey: Postalmhöhe car park at 15:56.	Post office, Abtenau "Ortsmitte"



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Tuesday, 08.07.2025			
Alpine Flowers-walking tour at the Postalm, Departure Abtenau "Ortsmitte" 10:15	11:00 - 14:00 o'clock	Leisurely guided hike with information about flowers & herbs. Meeting point: 11:00 car park 1/Lienbachhof. Hike free with Tennengau+ Card (otherwise € 25,-/person). Postal bus free of charge with Guest Mobility Ticket. Return journey: 16:00 car park 1/ski centre. Registration until Mon 17:00 at the tourist office.	Postalm, car parking P1/Schizentrum, Lienbachhof Markt 165
Wednesday, 09.07.2025			
Yoga & Brunch at the alpine area	08:15 - 11:15 o'clock	Yoga session followed by brunch. 5-10 pers. Registration: until the day before 5 p.m.: Rettenegghütte: +43 664 9752500. Costs: € 35.-/person (cash payment only). Only in dry weather.	Postalm / Rettenegg hut Weissenbach 53
Guided Alpaca Hike (in German!)	10:00 o'clock	Approx. 2 hours. Sturdy shoes! Please no rustling clothing! 4-7 pers. In dry weather. With Tennengau+ Card € 15,-/pers (otherwise € 20,-/pers), kids up to 5 years free. Registration until Tue 10:00 at the tourist office.	Abtenau Wegscheid 7
Water-Hike	10:30 - 14:30 o'clock	Partly challenging (steep, stony path) hike to "Trickl- and Dachserfall" and to the "Kneippanlage" with possibility to stop for a bite at the inn "Wandalm". Guided tour at the local history museum (only in German!). Free of charge with the Tennengau +card (otherwise € 25.00). Reg until Wed 09:00 o'clock at the tourist office. 3 - 12 pers.	Tourist Information Abtenau Markt 165
Enjoyable forest hike, Bus 470, Abtenau "Ortsmitte" 10:27 o'clock	10:37 - 13:37 o'clock	Enjoy nature with all your senses - incl. small tasting. € 13,-/adult, € 7,-/child with the Tennengau+ Card (otherwise € 25,-/€ 12,-). Registration until Tue 17:00 at the tourist office.	Busstop Wallingwinkel - Only in German!
Live-music with "Irmgard & Daniel"	20:00 - 22:00 o'clock	Live music. From hits to oldies to pop and rock hits of the last decades. Free entrance. Cancelled in case of rain.	market square Abtenau Markt 165
Thursday, 10.07.2025			
Creative journey of discovery - Workshop	09:30 - 12:00 o'clock	Handicraft/painting workshop. No prior knowledge required. Costs: from € 49,- (children € 35,-) incl. tools & small snack. 4-10 Pers. Registration by Wed 17:00, Phone +43 676 97 61 116.	"Kreativwerkstatt" Rigaus 40
Hike to the Abtenau healing springs	10:00 - 13:00 o'clock	Slightly challenging guided hike with some interesting facts about the Abtenau healing springs. Free of charge with the Tennengau+ Card&Mobility ticket! (otherwise € 25.-/pers. + busticket). Reg: until Thur 09:00 at the tourist office. 3-12 pers.	Tourist Information Abtenau Markt 165
Bus to the Postalm	10:15 o'clock	Details see Tuesday, Departure Abtenau "Ortsmitte" 10:15 o'clock	Post office, Abtenau "Ortsmitte"
Live-music at the market square	17:30 o'clock	30-piece school-ensemble with choir from Australia promises international sounds from all over the world. Free of charge. In case of rain, the event will take place in the church.	market square Abtenau Markt 165
Friday, 11.07.2025			
Salzburg City Tour - In German!	09:40 - 16:40 o'clock	Experience the wonderful city of Mozart on a walking tour. Costs: with the Tennengau+ Card city tour: € 19.-/pers.; public transport: free of charge with the Guest Mobility ticket! Reg. until Thur 16:00 at the tourist office. 5-20 pers.	Tourist Information Abtenau Markt 165
Horse-drawn carriage ride	14:30 o'clock	Horse-drawn carriage ride through idyllic Abtenau. Refreshment stop at the 'Wandalm' snack station. Reduced with the Tennengau+ Card: € 18.-/adult, € 9.-/child (otherwise € 20.-/€ 10.-). Reg. until Thu 12:00 at the Tourist office. 6-11 pers.	Tourist Information Abtenau Markt 165
Live-music at the market square	20:00 - 22:00 o'clock	Live music with the band "Rutabaga". Rock, Irish & Blues. Free entrance - Cancellation in case of rain. www.rutabaga.at	market square Abtenau Markt 165

Details and other events in the area can be found at: www.tennengau.com/en/experience/events



Find more information in our web app „staymate.at“ ...
(no download necessary)

... and on our homepage „abtenau-info.at“

