

## 6<sup>TH</sup> - 12<sup>TH</sup> OF AUGUST 2022

Welcome to your holiday resort Abtenau!

This weekly program offers a variety of excursions for an exciting week in Abtenau.

### Saturday, 6<sup>th</sup> and Sunday, 7<sup>th</sup> of August 2022

**10.00 a.m. Salzach galleries | Makartsteg Salzburg**

The Salzburg Art Bazaar at the Makartsteg invites you to enjoy and marvel at the weekend: The visitors have the opportunity to stroll along the banks of the Salzach and sample a colourful potpourri of art, culture and culinary delights: Sat: 10.00 - 20.00, Sun: 10.00 - 18.00, admission: free!

**10.30 a.m. Salzburg Street Music | Old Town Salzburg**

Music groups from near and far fill Salzburg's Old Town with their joyful sounds. On a wide variety of squares, the lively playing of the folk musicians captivates young and old.

**Due to the heavy weekend traffic, we recommend using public transport (free with the Tennengau+ Card).**

### Sunday, 7<sup>th</sup> of August 2022

**01.00 p.m. Woodstock meets Edtalm | Edtalm Abtenau**

Experience a fun afternoon in a hut with the finest music from the 60s and 70s. From 13:00 Harry Ahamer and Franky Maier perform their favourite hits.

**08.00 p.m. Live Music | Market Square Abtenau**

Enjoy a cosy live music evening on the market square with the "Schuabandlmusi". The event is free of charge and only cancelled in case of rain.

### Wednesday, 10<sup>th</sup> of August 2022

**08.30 a.m. Yoga and brunch on the alpine pasture | Rettenegg-hut, Postalm**

A special yoga session for beginners and advanced, followed by brunch together at the Rettenegg-hut. Registration until Tuesday 05.00 p.m.: Rettenegg-hut: +43 664 9752500; Lucia Rettenbacher (yoga teacher): +43 664 6590972 Cost: € 30,00 per person incl. brunch. Number of persons: min. 5, max. 10 persons. The event only takes place in dry weather.

**08.00 p.m. Live Music | Market Square**

Enjoy a lively live music evening! Entertainment is provided by the group "The Skakammergut". The event is free of charge and is only cancelled in case of rain.

### Thursday, 11<sup>th</sup> of August 2022

**06.00 p.m. Summer tobogganing until sunset | Karkogel Abtenau**

Experience a special spectacle on an evening ride on the summer toboggan run: the Abtenau basin appears in the sunset red with a magnificent view of the Tennengebirge and the Postalm in the midst of the Osterhorn group. The Karkogelbahn and summer toboggan run are open on this day from 09.00 a.m. - 05.00 p.m. and from 06.00 p.m. until sunset.

### Friday, 12<sup>th</sup> of August 2022

**08.00 p.m. Live Music | Market Square Abtenau**

Enjoy a lively live music evening at the market square with the group "Soundfeger". The event is free of charge and only cancelled in case of rain.





Discover the best hiking trails, mountain tours, walking paths and mountain bike routes easily and clearly with our **interactive tour map**. The tours can be easily sorted according to activity and difficulty.



**Tip: Get your route on your smartphone and save the track.**

## DAILY EVENTS

**fulltime**

**Horse carriage ride | Abtenau**

Gasthof Ledererwirt, phone +43 664 4313721,  
Fam. Lanner, phone +43 6243 2435 or +43 664 9676220.

**10.00 a.m. to**

**Mini golf course | Hotel Traunstein**

**10.00 p.m.**

The felt-mini-golf course offers a combination of fun, sport and action and guarantees a lot of fun for the whole family. The 18-hole golf course is open till 31<sup>st</sup> of October. The lanes can also be played even in wet weather conditions. Tickets: € 4.00 for adults and € 2.00 for kids per course - you'll get a reduction with the Tennengau+ Card of 25%, additionally guests of Abtenau can use it for free on Thursday from 10.00 a.m. to 02.00 p.m.

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## WEEKLY EVENTS

**Monday:**

**09.30 a.m.**

**Information walk | Meeting point: Abtenau market square**

We invite you to a guided tour through Abtenau (approx. 1 hour). Gain new impressions and explore your holiday destination with us.

**11.00 a.m.**

**Church tour | Meeting point: Parish church "Zum heiligen Blasius" (main entrance Marktplatz)**

Discover the beauty of our parish church with all its treasures with parish councillor, Mr Norbert Essl. Get to know the various saints and learn interesting facts about the building and its history. Registration until Monday 09.00 a.m. at the tourist office Abtenau.

**Tuesday:**

**11.00 a.m.**

**Alpine Flower Hike | Meeting point: car park 1 Lienbachhof Postalm**

Leisurely hike along the alpine flower trail on the Postalm with biologist Hans Burgstaller. Explore the variety and effect of the different alpine flowers. In case of bad weather, the flowers are presented in the form of a slide show. The hike lasts approx. 3 hours and is free of charge with the Tennengau+ Card. You can reach the alpine pasture area comfortably with the Postalmbus (No. 159, departure Abtenau Post Office: 10.10 a.m.) or by car. Registration for the hike is not required. Please note: the tour is only in German!

**10.10 a.m.**

**Bus to the Postalm | Departure from the Abtenau post office - See Thursday for more info.**

**BESUCHEN SIE DIE VOGLAUER MÖBELAUSSTELLUNG**  
ÖFFNUNGSZEITEN SCHAURAUM:  
Montag bis Freitag 9:00 – 17:00 Uhr  
Beratung am Freitag Nachmittag nur nach telefonischer Vereinbarung

**VOGLAUER**

## Wednesday:

10.30 a.m.

### **Water hike | meeting point: tourist office Abtenau**

Together with a guide, you will take a leisurely hike to the Dachser Falls and the Kneipp facility in the district Au, where you can cool your feet in the refreshingly cold water. On the way to the local history museum (where a guided tour is possible), you will pass by the "Wandalm" snack station. The tour takes about 4.5 hours and is free of charge. Registration by 09.00 a.m. on Wednesday at the tourist office Abtenau.

from 01.00 p.m.

### **Local history museum Arlerhof | open from 01.00 to 05.00 p.m.**

The Arlerhof is an original farmhouse in the district Au, whose history dates back to 1325. Here you can learn many interesting and remarkable things about the rural life of past centuries. Free admission with the Tennengau+ Card!

## Thursday:

10.00 a.m.

### **"Fountain of Youth" Hike | meeting point: tourist office Abtenau**

On a slightly demanding hike you will learn a lot of interesting facts about the Abtenau healing springs, their history and effects. The one or other legend will accompany your tour. If you want to you can take a bottle of the „fountain of youth water“ with you. Walking time approx. 3 hours, return with public transport (arrival in Abtenau 01.50 p.m.). Hike and bus is free of charge with the Tennengau+ Card! Registration till Thursday 09.00 a.m. at the tourist office Abtenau. The tour is only in German!

10.10 a.m.

### **Trip to the Postalm | Departure from the Abtenau post office**

The Postbus (No. 159) takes you every Tuesday and Thursday free of charge with the Tennengau+ Card (toll: adults € 2.50, children € 1.50) via the panorama road to Austria's largest alpine pasture area. Here you will find relaxation and hut rest, you will also find numerous hiking opportunities through the idyllic landscape. Return: Postalm car park 3: 04.16 pm or from car park 1 about 4 minutes later. Arrival in Abtenau at 04.50 p.m. (11.23 a.m.). In all weather conditions. Boarding points according to the timetable.

## Friday:

09.45 a.m.

### **Salzburg City Tour | meeting point: tourist office Abtenau**

Experience the wonderful city of Mozart from a very special perspective. Our certified city guide, Sepp Gutjahr, knows Salzburg like the back of his hand and tells stories and anecdotes that can't be found in any books. Return: 05.10 p.m. in Abtenau. Costs: city tour: € 17.50; public transport: free of charge with the Tennengau+ Card! Registration till Thursday 04.00 p.m. at the tourist office Abtenau. Minimum number of participants: 5 persons. The tour is only in German!

12.00 a.m. -

### **Farmers market | Parking lot east**

03.00 p.m.

Farmers market, providing regional home-made products.

01.00 - 04.00 p.m.

**Farmers market | Zur Sonnleit'n** - Natural products from own production.

## Sunday:

from 02.00 p.m.

**Local history museum Arlerhof | open from 02.00 to 05.00 p.m.** - For more information see Wednesday.

## Daily:

### **Hiking taxi: Annaberg via Abtenau and Russbach to Gosau and back**

The hiking taxi takes you to the starting point of your hike and/or back:

**Morning rides:** registration until 06.00 p.m. the evening before - **Afternoon rides:** registration until 10.00 a.m. of the same day - **Cost:** adults € 5.00 | children up to 15 years € 3.00. The exact timetable with all stops can be found in the "Wander- und Erlebnisprogramm 2022" brochure in your tourist office.

## ABTENAU PHOTO BOOK

You want to share your memories with us after an eventful holiday and co-create the project "**Abtenau photo book**"?

We are looking forward to receive many submissions at: [www.abtenau-info.at/fotobuch-anmeldung](http://www.abtenau-info.at/fotobuch-anmeldung).



The banner features a red background with a collage of outdoor activities. On the left is the 'SPORT 2000' logo. The main text reads 'ABTENAU OUTDOOR | RUNNING'. The collage includes images of a hiker, a person in a red jacket, and a runner, with the words 'BERG', 'OUTDOOR', and 'RUNNING' overlaid. On the right, contact information for 'PARKPLATZ OST' is provided, including the address 'Markt 113, 5441 Abtenau', phone number '+43 5243 3644', and website 'www.sport2000-abtenau.at'. A QR code is also present.

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## Are you planning an eventful "SALZBURG DAY"?

With the "TennengauTicket" you have the opportunity to reach the city of Salzburg free of charge - conveniently by bus and train, with no worries about parking! Enjoy the flair of the Old Town - stroll along the „Getreidegasse“, visit the Cathedral, Mozart's birthplace, the Residence or „Hohensalzburg“ Fortress. The Toy Museum or the famous House of Nature are special highlights for children. Important note: the free ride can only be purchased with the Tennengau+ Card!  
 Do you have a pram, bicycle or dog with you? You can get the necessary information at the tourist information.

## Rev up with the TENNENGAU+ CARD ...

With the Tennengau+ Card of Abtenau you can enjoy a variety of activities free or with reduction in the entire region. You also have, in addition to the services available at the region Tennengau, more special features: offers which are exclusively for the **guests of Abtenau**:

- Karkogelbahn Abtenau (cable car): one-time 50% reduction on ascent and descent
- Minigolf course: free use on Thursday 10.00 a.m. till 02.00 p.m., otherwise 25% discount
- Tennengau hiking map & book price € 6.50 (normal price: € 8.00)
- outdoor unlimited: rafting, tubing, canyoning and other outdoor activities. 10% discount. Special rate for family rafting!
- Outdoor Consulting Team: wildwater tubing / riverbug / canyoning as well as segway tour, cave trekking - € 15.00 discount / person from a price of € 55.00.



## SALZBURGERLAND CARD:

Free admission to about **190 sights and attractions** throughout the **Salzburger Land** - valid from the 01<sup>st</sup> of May till 26<sup>th</sup> of October. The **Salzburger Land Card** is available for 6 or 12 days.  
 In summer 2021 the SalzburgerLand Card went digital - even before you start your holiday you can download the card onto your mobile phone. Very simple and uncomplicated.  
 You don't have a **SalzburgLand Card** yet - simply click on the QR-code or via our homepage at [www.abtenau-info.at](http://www.abtenau-info.at) and let's go!



## SUMMER TOBOGGANING KARKOGEL

Daily open: 09.00 a.m.- 05.00 p.m.

Summer tobogganing at the Karkogel means fun for the whole family from May to October. Park your car at the free parking lot at the base of the Karkogel cable car. With the comfortable cable car it goes up to the starting point of the alpine toboggan course. Basically the toboggan run is closed in wet weather.

## Have a varied and beautiful holiday in Abtenau!

 <p>Hotel—Restaurant Voglauerhof daily open</p> <p><b>Hot meals from 11:30 am to 10.30 pm</b> Tel.:+43 6243 3532</p>	 <p>outdoor-unlimited</p>	<p><b>OUTDOORACTION FÜR GROSS &amp; KLEIN</b>          Das Urlaubserlebnis für die ganze Familie  <b>RAFTING</b>  <b>TUBING</b>  <b>CANYONING</b></p> <p><b>ANMELDUNG &amp; INFO:</b>          +43-6243-28874          Active outdoor-unlimited GmbH          Karkogel   Au 99   5441 Abtenau  <a href="http://www.outdoor-unlimited.at">www.outdoor-unlimited.at</a></p>
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